

FROM CONVERSATIONS TO COLLECTIVE ACTION: TOWARDS A DEEPER, LIVED SOLIDARITY

END YEAR MESSAGE FROM THE PROJECT LEAD

Dear Friends and Colleagues,

As the year 2025 draws to a close, I find myself reflecting on the encounters, conversations, and shared efforts that have shaped the journey of the Global Health Solidarity Project. Our work has stretched across continents and disciplines, unfolding in a world marked by crises, yet sustained by the enduring human desire to connect meaningfully with one another.

This year has exposed both the fragility and necessity of solidarity in global health. Political instability, humanitarian emergencies, and widening inequities together with shifts in global health governance raise urgent questions: How is solidarity understood, practised, and sustained? Over the year, our cross-continental, cross-disciplinary research and dialogues explored these questions with different actors.

Across our bi-monthly webinars and regional workshops in West- and South Africa, South Asia, and Mesoamerica, women's groups, Indigenous movements, refugee representatives and health practitioners reminded us that solidarity is most authentic when co-created with those whose lives are directly at stake. At the workshops, solidarity was described as a social fabric, continually woven, sometimes mended after rupture, and strengthened through celebration, ritual, and everyday acts of care. Solidarity is not an abstract principle, but a lived and tangible practice. It shows itself in the courage of communities that continue to care for one another despite long histories of dispossession; and in scholars, activists, and practitioners who create spaces for dialogue across difference.

We are deeply grateful to you and our partners for the valuable contributions to the tapestry we are weaving. Your commitment has allowed us to move the conversation on solidarity beyond rhetoric, grounding it in lived experiences of dignity, justice, and shared vulnerability. Looking ahead, we carry forward the insights gathered across regions, ready to translate them into principles of solidarity. We hope you join us in 2026 to engage with the feedback and continue shaping how solidarity can be practiced meaningfully.

With gratitude, Prof. Caesar Alimsinya Atuire, Principal Investigator, Global Health Solidarity Project

OUR YEAR IN REVIEW: REGIONAL EVENTS









2025 Workshops: A Global Journey of Learning and Solidarity

This year, the project wrapped up its regional workshops — concluding with events in San Jose, Costa Rica and New Delhi, India — and ran mini-workshops in West and South Africa. Participants explored solidarity as a lived, contextual practice, rooted in culture and everyday life, and offered practical insights for global health. These events which build on earlier workshops held in <u>Australia, Ghana</u> and <u>Guinea</u> now feed into our next phase: synthesising findings to develop principles of solidarity.

See quick highlights from the 2025 workshops:

- **New Delhi, India** (<u>South Asia workshop</u>): Focused on solidarity that challenges hierarchies and centres equity and collaboration.
- San José, Costa Rica (Mesoamerican Workshop): Connected solidarity with justice, collective memory, and resistance.
- **Nsukka, Nigeria** (<u>Igbo Conceptualisations of Solidarity</u>): Explored forms of solidarity rooted in kinship, communal rituals, and shared responsibility.
- **Southern Africa** (<u>Rural Women's Assembly Summer School</u>): Women from nine countries shared experiences of how solidarity emerges from everyday life.

We are now synthesising these findings to inform and develop core goals of solidarity for global health.

This workshop changed how I understand solidarity. What I took away most strongly is that solidarity cannot exist without justice and equity. They are inseparable. Over these two days, our conversations kept coming back to the same question: how do we build a world that is fair, and how do people come together to make that possible?

 Dennis Lallienzuol, Humanitarian and Indigenous Development Expert, during the South Asian Workshop, September 2025

OCTOBER - DECEMBER HIGHLIGHTS

Solidarity Voices That Refuse Silence

In our final webinar of 2025, three incredible voices from India and Nepal revealed what solidarity really looks like when it is forged at the margins, tested inside institutions, and sustained in communities long excluded from global attention.

Their stories lay bare the realities of caste oppression, climate injustice, political neglect and structural hierarchies, while showing how people continue to build collective strength despite them. This is a striking, deeply human account of solidarity as lived practice rather than rhetoric.



Read More

Watch Here

If we are serious about building alternatives rooted in global solidarity, health is a powerful starting point. The idea that health must be grounded in solidarity as a central principle is not only relevant to health systems, it also speaks to how we imagine collective responsibility across society.

-Prof. Sundararaman Thiagarajan, Former Global Coordinator, People's Health Movement, India during the 6th Global Health Solidarity Webinar



"Dignity is more important than food or shelter. It is the centre of any approach we should follow."

What does solidarity look like when people's lives, and dignity, are on the line?

With political divides widening and asylum protections weakening, refugee health faces mounting challenges. The 5th Global Health Solidarity Bi-Monthly Webinar discussed the uncomfortable truths, the hidden power dynamics, and the quiet forms of "unsolidarity" that undermine equitable care for displaced people worldwide.

Curious to learn more?

Explore how speakers distinguish solidarity, parasitic solidarity, and 'unsolidarity' <u>here</u> or watch the videos below.

Watch the Conceptualisations of Solidarity Video

Watch the Dignity & Rights in Refugee Health Video

OUR YEAR IN REVIEW: WEBINARS



2025 Webinars: Conversations on Solidarity in Global Health

Our bi-monthly webinar series built on the insights from regional workshops — sharing feedback and inviting voices from across disciplines and around the globe to the table. Featuring insights from academia, civil society, activism, and frontline practice across regions, the webinars offered rich reflections and concrete examples of solidarity, while challenging assumptions and surfacing tensions over what constitutes solidarity, "unsolidarity" or when solidarity is misappropriated.

Missed these conversations? Explore recordings and webinar recap stories below;

- A Pluriverse of Solidarities: Solidarity at the Margins, in Institutions, and in Sacred Spaces (Video)
- Navigating Health and Solidarity: <u>Refugee Perspectives and Practical Challenges</u> (<u>Video</u>)
- Rethinking Solidarity in Global Health: Perspectives from Latin America (Video)
- A Solidarity of the Shaken? From Despair to Collective Action (Video)
- Artistic and Activist <u>Understandings of Solidarity During Times of Trouble</u>
- Solidarity and Adjacent Concepts, Lessons and Practices from the Pacific Region (Video)
- Breaking Barriers, Building Bridges: <u>Lessons in Solidarity from Global Health Influencers</u>

Our webinar series returns in 2026 — join us and contribute to the dialogue! Together, we will weave findings from our research activities (qualitative interviews, literature reviews, workshops) into practical guidance for solidarity in global health.

LATEST BLOGS



Solidarity or Rebranded Philanthropy? A Call for Accountability and Dignity in Global Health

Written by Elias Weiss

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Does Solidarity Make Sense?

Written by Prof. Gabriela Arguedas-Ramírez

Read More

Expanding Access: Multilingual Webinars and Resources

This year, we made our webinars and essential resources available in French and Spanish. By offering materials in different languages, we honour the diverse communities we engage with and make participation truly accessible.

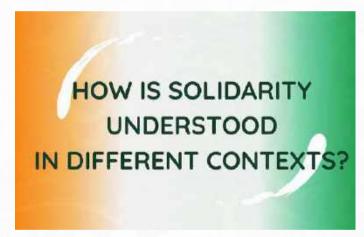
Access our translated reports:

- Anglophone Regional Workshop Report (English, French)
- Francophone Regional Workshop Report (English, French)
- Pacific Regional Workshop Report (English, French)
- Influencer perspectives on solidarity Index Report (English, Spanish, French)

Watch our subtitled events:

- Rethinking Solidarity in Global Health: Perspectives from Latin America | GH-Solidarity Webinar (Spanish with English subtitles)
- A Solidarity of the Shaken: From Despair to Collective Action | GH-Solidarity Open Forum 2025 (English, French, Spanish)
- Solidarity in South Asia: Caste, Climate Crises & Health Systems Explained | Bi-Monthly Webinar 2025 (English, French)

VOICES ON SOLIDARITY



This video features leading thinkers and practitioners from Africa, Oceania, and Europe, who explore how solidarity is lived and practised in local communities, health systems, and broader struggles for justice and dignity.

WATCH HERE



thinkers and At the Global Health Solidarity Open Forum 2025, ia, and Europe, we asked: amid health crises, shrinking health is lived and budgets and wavering global cooperation, can health systems, solidarity still move us from despair to collective and dianity.

WATCH HERE

HAPPY HOLIDAYS!

We extend our deepest gratitude to all our readers, partners, collaborators, and everyone who has walked this journey of solidarity with us throughout the year. Your support, engagement, and passion for advancing solidarity, equity, and justice in global health have driven everything we have accomplished. It has been a remarkable year, one filled with learning, unlearning, and connecting towards a common goal — work that is already shaping conversations and practices with lasting impact.

We look forward to continuing this work with you in the year ahead. Wishing you and your loved ones happy holidays, and a wonderful new year!

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